

## Healthy aging fair

## Join us in learning more about aging happily and healthfully.

This event includes a wide variety of education and resources for adults and seniors, with a resource fair **and** featured presentation.

Special highlights include,

- → Meet Aurora specialists
- → Discover a variety of community resources and organizations
- → Learn about signs for stroke, dementia, alzheimer's and more
- → Healthy habits and staying active
- → Financial planning
- → FREE blood pressure screenings and raffle drawing

Saturday, September 23 9 AM – 12 PM St. Paul's Apostle Catholic Church 6400 Spring Street, Racine, WI

Everyone welcome-Open to the public





Now part of ADVOCATEHEALTH