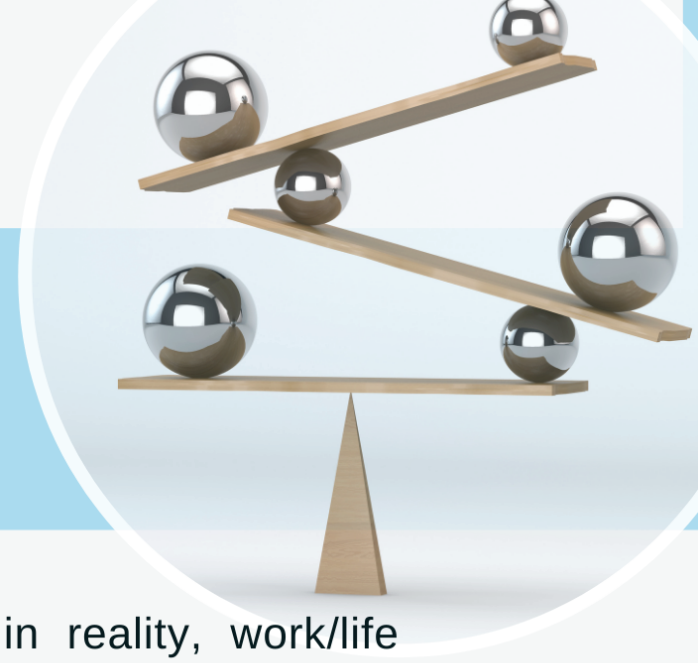


REDEFINING WORK-LIFE BALANCE



For many, work/life balance means having it all, but in reality, work/life balance *is having it all work together*. Optimal work/life balance – whether single, married, parenting, or empty nester - can be achieved by understanding your priorities and having the resources to make them attainable. In this workshop, you'll map out your everyday roles and what success looks like in each role. We'll discuss the importance of boundaries, grace, heart, and transitions. Mix them together and each day will look different but feel more aligned with where you want them to be.

Date: Thursday, May 25

Time: 12:00 PM, CT

Location: Virtual

Registration: Simply accept this calendar invitation!

Presenter: Coach Laura Greco