Keep Our Workplace Safe!

Practice good hygiene



Stop hand shakes and use **non-contact greeting methods**



Clean hands at the door and schedule regular hand washing reminders



Disinfect surfaces like doorknobs, tables, and desks regularly



Avoid touching your face and cover your coughs and sneezes



Wear a face mask over your nose and mouth to prevent spreading.

Limit meetings and nonessential travels

Use **video conferencing** instead of face-to-face meetings

When video calls are not possible, hold your meetings in well-ventilated rooms and spaces

Suspend all non-essential travels and trips.



Stay home if...

- You are feeling sick
- You have a sick family member at home





Take care of your emotional and mental well-being

Outbreaks are a stressful and anxious time for everyone. Talk to your supervisor if you're feeling down. We're here to support you!

