



NEWSLETTER

January 2019 Edition

Upcoming Events

- **Positive Solutions for Families (Supporting Families in Teaching Social Emotional Skills to their Children Ages 0-6)**
 - January 4, 11, 18, 25, and February 1, 8; Fridays from 11 a.m. – 1 p.m.; REE Center (2015 Franklin St, Racine).
 - For more information: pam.wedig-kirsch@racinecounty.com.
- **[Relationships for Individuals with Down Syndrome and Other Special Needs \(age 16+\)](#)**
 - January 12 – April 15: Monday nights from 6 p.m. – 8 p.m. or Saturday mornings from 9 a.m. – 11 a.m. Down Syndrome Association of Wisconsin (11709 W Cleveland Ave, Suite 2, West Allis, WI, 53227).
 - To learn more contact: Rachel@dsaw.org
- **Love Languages in Action**
 - January 17, 6 p.m. – 7:30 p.m., North Ridge Church, 1021 W. McMillan St., Marshfield.
 - To register: 715.387.6326 or Mdoll@chw.org
- **[Autism and the IEP Workshop](#)**
 - January 21, 6:30 p.m. – 8 p.m., Miron Construction Co., 1271 McMahan Rd., Neenah.
- **[Trauma-Informed Care in Youth-/Young Adult-Serving Organizations Webinar – Pathways](#)**
 - January 22, 1 p.m. – 2 p.m. (ET).
- **[Inclusive Supports for Children on the Autism Spectrum Webinar](#)**
 - January 23, 12 p.m.
- **How to Facilitate Adult, Parent, and Teen Wellness Circles – Samaritan Family Wellness**
 - January 23, 8:30 a.m. – 3:30 p.m., The Goodman Community Center – Madison (149 Waubesa St.).
 - RSVP to Holly Stoner at holly@theteencompass.org by January 16.
- **Emotion Coaching: Helping Children Manage Strong Emotions**
 - January 26, 11:30 a.m. – 12:30 p.m., Racine Public Library (75 7th St, Racine).
 - For more information: pam.wedig-kirsch@racinecounty.com .
- **[7ei of Trauma Sensitive Schools Training](#)**
 - February 14, 8 a.m. – 3 p.m., 8901 W. Capitol Drive Milwaukee.
- **[Dare2Know Teen Summit](#)**
 - February 24 – 26, 2019, Kalahari Resorts, Wisconsin Dells.

- **Positive Solutions for Families (Supporting Families in Teaching Social Emotional Skills to their Children Ages 0-6).**
 - February 12, 19, 26, March 5, 12, 19; Tuesdays from 8:30 a.m. – 10:30 a.m., Acelero Learning Center (1032 Grand Ave., Racine).
 - For more information: pam.wedig-kirsch@racinecounty.com.
- **How to Facilitate Adult, Parent, and Teen Wellness Circles – Samaritan Family Wellness**
 - March 7, 9 a.m. – 4 p.m., Aurora Family Service – Milwaukee (3200 W. Highland Blvd).
 - RSVP to Holly Stoner at holly@theteencompass.org by February 28.
- **[Fulfilling the Promise – For a More Powerful You: Recharging Your Caregiver Batteries](#)**
 - March 12-14, Osthoff Resort, Elkart Lake.

Workgroup Updates

Executive Council

- The Executive Council approved a work plan to focus each meeting in 2019 on “Lived Experience is Everywhere”. The plan follows a community engagement model of: Inform → Consult → Involve → Collaborate → Co-lead → Assess.
- During February’s meeting, members will create a shared definition of Lived Experience.

Collective Impact Partners (CIPs)

- In December, CIPs shared their insight on content and design of the Lived Experience Resiliency Hub website.
- Orientation was completed for two new parent partners and one young adult partner from Southeastern Wisconsin.
- CIPs wrote a letter to Governor-Elect Tony Evers to introduce the importance of Lived Experience leadership and CIP sustainability. Kimberlee Coronado hand delivered the letter in December.

Access

- The Access workgroup began creating the action plan framework for their youth mental health crisis plan initiative. The discussion focused on creating a definition for the plan, articulating the problem a plan will solve, defining the target population, and determining the desired impact.
- During the next meeting, the workgroup will work on the theory of change, determine what additional information is needed, and begin stakeholder engagement.

Infant Toddler

- The Infant Toddler workgroup did not meet in December due to the holidays. However, the workgroup plans to continue to work on a state-wide Infant/Early Childhood Mental Health Consultation Model (IECMHC).

Resiliency

- The workgroup reviewed the most recent work plan to assess status of key action items.
- The workgroup will further discuss building a professional culture of resilience; building resiliency in individuals, families, and schools across the lifespan; defining resiliency, and measuring progress.

Trauma-Informed Care

- Survey results from the November 5, 2018 Trauma-Informed Care workshop were very positive.
- Three initiatives were identified for the workgroup to move forward in 2019:
 - Develop and offer Trauma-Informed Care workshops.
 - Provide further structure to the learning collaboratives that follow workshops.
 - Update and move forward the Trauma-Informed Care statewide map that is housed on the Office of Children's Mental Health website.

Did You Know? *(Children's Mental Health Collective Impact Facts)*

Mobilizing Action for Resilient Communities (MARC) Update

Those attending the December Children's Mental Health Collective Impact (CMHCI) Executive Council meeting heard a recap on the MARC grant. The state of Wisconsin was one of 14 sites funded in October 2015 under the MARC initiative. The grant assisted communities in addressing Adverse Childhood Experiences (ACEs) and becoming more trauma informed and resilient. CMHCI was Wisconsin's network, and their goal was to bring coalitions, organizations, and individuals together to promote optimal health and well-being of children in Wisconsin through the trauma-informed framework.

Many CMHCI members asked to learn about the other 13 funded MARC sites and to read the full Wisconsin MARC report. Here are links to that information:

- [MARC Communities](#)
- [Wisconsin MARC Report](#)