





















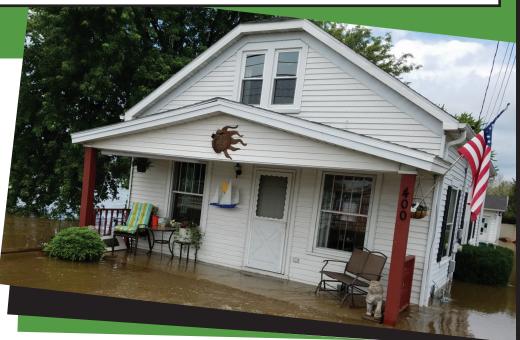






NATIONAL PREPAREDNESS MONTH 2018





Take time to learn lifesaving skills — such as CPR and first aid, check your insurance policies and coverage for the hazards you may face, such as flood, earthquakes, and tornados. Make sure to consider the costs associated with disasters and save for an emergency. Also, know how to take practical safety steps like shutting off water and gas. The flooding in Burlington last year reminded us of the importance of preparing for disasters. Often, we will be the first ones in our communities to take action after a disaster strikes and before first responders arrive, so it is important to prepare in advance to help yourself and your community.

PREPARE NOW LEARN HOW

1. MAKE AND PRACTICE YOUR PLAN

- Make an Emergency Plan
- Sign up for alerts and warnings in your area
- Learn your **evacuation zone** and have an evacuation plan

2. LEARN LIFE SAVING SKILLS

- Know basic home maintenance to protect your family and home. Learn how to mitigate your home against flood damage.
- Learn how to turn off utilities like natural gas in your home.
- Put smoke alarms on every level of your home, test them monthly, and replace them when they are 10 years old.
- Know the ways to keep your home safe from cooking, heating & electrical fires.
- Take a First Aid and CPR course and learn how to Stop The Bleed.





3. CHECK YOUR INSURANCE COVERAGE

- Insurance is the first line of defense; check your **insurance** coverage and review the **Document and Insure Property guide.**
- Flood Insurance allows communities and families to recover more quickly and more fully. Visit **Floodsmart.gov** to learn more about flood insurance and how to protect your home or business.

4. SAVE FOR AN EMERGENCY

- Plan financially for the possibility of disaster.
- Complete an <u>Emergency Financial First Aid Kit (EFFAK)</u>
- Maintain **emergency savings** for use in case of an emergency



