



# Assistance when you need it

## Employee Assistance Program

### Life brings challenges. *EmployeeConnect* brings help.

*EmployeeConnect*<sup>SM</sup> services can help you deal with the issues—big and small—that make it harder to manage life at work and home. Whenever you or an immediate household family member need help with family, work, legal or financial issues, the *EmployeeConnect* program offers confidential guidance and resources.

#### Get help 24/7

In-person help for short-term issues, up to four\* sessions with a counselor per person, per issue, per year

Unlimited phone access to legal, financial and work-life services

A 25% discount on in-person consultations with network lawyers

Financial consultations and referrals

Work/life services for assistance with child care, finding movers, kennels and pet care, vacation planning, and more

Assistance with topics such as marital and family problems, child/elder care, relocation and education

Web-based information, including articles, tutorials, streaming videos and "Ask the Expert" personal responses

**To learn more about the Lincoln Financial *EmployeeConnect* program, visit [www.GuidanceResources.com](http://www.GuidanceResources.com).**

**User name = LFGsupport • Password = LFGsupport1**

**Or talk with a specialist at 888-628-4824.**

\* In California, up to three sessions in six months, starting with initial contact by employer.

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