



## Racine County Employees Blood Drive

Monday, April 17

10:00 am - 2:00 pm

Location: Racine County Courthouse, Conference  
Room 151

*Each whole blood donation can save as many as three  
lives!*

Please visit [bcw.edu/RacineCounty](http://bcw.edu/RacineCounty) or call Dawn  
Hendrickson at 262-636-3273 for an  
appointment and more information.

**Appointments encouraged. Refreshments provided.**

Be a Hero, Donate Blood

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## Tips for a successful donation.

It's normal to be a little nervous, if you haven't donated before. Here are some tips to make your experience a positive one.

Before



During



After



Most people can donate blood.

Below are a few **reasons you may not** be able to donate.

**Medication** - you can donate three days after finishing antibiotics for an infection (bacterial or viral). You can donate if you are taking antibiotics to prevent an infection, for example, following dental procedures or for acne. Antibiotics for acne do not disqualify you from donating.

**Pregnancy** - women who are pregnant should not donate. Please wait to donate until 6 weeks after giving birth. Women who are breast-feeding are eligible to donate.

**Tattoos** - if applied by a licensed facility in Wisconsin, you can donate blood. If not, we require a 12-month waiting period from the time the tattoo was applied.

**Travel** - you may be deferred from donating if you have recently traveled to a Zika affected region. For more information, please ask one of our donor services staff members. If you have traveled to an area impacted by malaria in the past year, we ask that you wait 12 months before donating after returning from that area. If you have ever had malaria, you must be symptom free for three years.

[bcw.edu/donorFAQ](http://bcw.edu/donorFAQ) | [#ImAHero](https://twitter.com/ImAHero)

Please bring a photo ID with your birth date.

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